



20 March 2014

Team SA

This is to advise that the athletes listed below have been officially selected as members of the South African Powerlifting Team to compete at the Women's & Men's International Powerlifting Federations World Classic Powerlifting Championships 2014 to be held in Potchefstroom, South Africa. Ideally, athletes are requested to make themselves available from the 1st until the 8th of June 2014, immediately following the South African Equipped Powerlifting Championships held on the 30th and 31st of May. Please note that selection is subject to a negative drug test, and acceptance of liability for any fines that may be imposed by the International Powerlifting Federation. Athletes who have qualified for South African Protea Colours are advised that these Colours can only be awarded if Athletes actually accompany the team to the World Championships. Athletes who have qualified for Federation Colours will wear blue blazers and tracksuits, whereas the Master lifters who have qualified for Federation Colours will wear green blazers and tracksuits. These Colours may also only be awarded if you actually accompany the team to the World Championships

SOUTH AFRICAN TEAM FOR RAW WORLD CHAMPIONSHIPS 2014

SUB JUNIOR WOMEN

52KG	ROCHELL DE BEER	EP	PROTEA COLOURS
57KG	MEGAN LEIGHTON	G	PROTEA COLOURS
57KG	SHELBY BRUCE	G	PROTEA COLOURS
63KG	PIA WALTERS	G	FEDERATION COLOURS (Blue)
63KG	ALICIA DU TOIT	G	FEDERATION COLOURS (Blue)
72KG	GERALDINE ROELOFSE	NC	FEDERATION COLOURS (Blue)

JUNIOR WOMEN

52KG	STACEY BRYANT	G	PROTEA COLOURS
52KG	ALUSHKA SEPTEMBER	WP	PROTEA COLOURS
84+KG	JUANITA VISSER	G	PROTEA COLOURS



SENIOR WOMEN

52KG	FARANA VAN HEERDEN	NW	FEDERATION COLOURS (Blue)
57KG	ILONA WILSON	G	FEDERATION COLOURS (Blue)
63KG	LISA BASSON	G	PROTEA COLOURS
63KG	DANEL VAN JAARSVELD	G	FEDERATION COLOURS (Blue)
72KG	CANDICE COETZER	G	FEDERATION COLOURS (Blue)
72KG	TARRYN-LEIGH MERIFIELD	G	FEDERATION COLOURS (Blue)

MASTER 1 WOMEN

52KG	ELISABETH BARRY	EP	FEDERATION COLOURS
57KG	ANTOINETTE KRIEL	G	FEDERATION COLOURS
63KG	VICKI BOTHA	NW	FEDERATION COLOURS
63KG	RONEL REYNEKE	G	FEDERATION COLOURS RESERVE
72KG	LAURA DE WET	G	FEDERATION COLOURS
72KG	FARHANA BOOLEY	G	FEDERATION COLOURS (Blue)
84KG	BONITA HEIN	WP	FEDERATION COLOURS
84KG	JANITA KRUGER	G	FEDERATION COLOURS
84+KG	TRACY LUDWIG	KZN	FEDERATION COLOURS

MASTER 2 WOMEN

57KG	MIRIAM SINCLAIR	WP	FEDERATION COLOURS
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SUB-JUNIOR MEN

53KG	REVALDO MATRAS	NW	PROTEA COLOURS
59KG	MARCO JACOBS	WP	PROTEA COLOURS
59KG	ORBERT BOOYSEN	NW	PROTEA COLOURS RESERVE
66KG	EBRAHIM PREGNOLATO	WP	PROTEA COLOURS
74KG	LUKE ROUTIER	G	PROTEA COLOURS
74KG	DLADLA TSHEGOTATSO	G	PROTEA COLOURS RESERVE
83KG	ROGER PAUL BERESFORD	WP	PROTEA COLOURS
93KG	RYNO DU PLOOY	G	PROTEA COLOURS
93KG	FREDDIE BEZUIDENHOUT	G	PROTEA COLOURS RESERVE
105KG	CONRADIE MOUTON	WP	PROTEA COLOURS
105KG	ALEXANDER BRAXTON	WP	PROTEA COLOURS
120KG	MICHAEL FOURIE	WP	PROTEA COLOURS

JUNIOR MEN

66KG	IVAN VERS	NW	PROTEA COLOURS
74KG	JAPHTA KHALAPA	NW	PROTEA COLOURS
74KG	UMAR PREGNOLATO	WP	PROTEA COLOURS RESERVE
74KG	SINT WILLIS PIETERSEN	NW	PROTEA COLOURS RESERVE
83KG	JABULANI PHANTLE	NW	PROTEA COLOURS
83KG	TSHEPO RAPOO	NW	PROTEA COLOURS RESERVE
83KG	JEAN-ARTHUR PRETORIUS	G	PROTEA COLOURS RESERVE



93KG	NELSON SITSILE	NW	PROTEA COLOURS
105KG	JOHAN SMITH	NW	PROTEA COLOURS
105KG	TRENT WILLIAMS	G	PROTEA COLOURS RESERVE
120KG	BENEDICT BUCARIZZA	G	PROTEA COLOURS
120KG	RICARDO BARETTO	FS	PROTEA COLOURS
120+KG	MINAL RANIGA	KZN	PROTEA COLOURS

SENIOR MEN

66KG	JACOBUS PHILATSI	NW	FEDERATION COLOURS (blue)
74KG	HARRY SHOMALISTOS	G	PROTEA COLOURS
83KG	DEAN VAN WYK	KZN	PROTEA COLOURS
83KG	RYAN MILLER	G	PROTEA COLOURS
83KG	MATTHEW COPPENHALL	WP	PROTEA COLOURS RESERVE
93KG	CORNE HUBINGER	G	FEDERATION COLOURS(blue)
93KG	GRANT VD HAER	KZN	FEDERATION COLOURS(blue)
120KG	DAVE EDWARDS	G	FEDERATION COLOURS(blue)
120+KG	JUAN BOOYSE	G	FEDERATION COLOURS(blue)

MASTER 1 MEN

93KG	HENK DE WET	G	FEDERATION COLOURS
93KG	VICTOR MAPOO	NW	FEDERATION COLOURS
105KG	JORNCY PAGE	G	FEDERATION COLOURS
105KG	CORNEL WELGEMOED	G	FEDERATION COLOURS
120KG	MATTHEW COSMO	G	FEDERATION COLOURS
120KG	QUINTIN KANNEMEYER	NC	FEDERATION COLOURS

MASTER 2 MEN

66KG	KARL CHRISTIANS	WP	FEDERATION COLOURS
74KG	DAVID QUATSE	NW	FEDERATION COLOURS
93KG	EBRAHIM MOBARA	WP	FEDERATION COLOURS(blue)
105KG	COLIN YOUNG	WP	FEDERATION COLOURS

MASTER 3 MEN

74KG	DAN OPPENHEIM	G	FEDERATION COLOURS(blue)
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Isabelle Kruger, Ian Mouton and Clifford Hayim have been selected as Managers of the Team. They will be in touch with the Athletes in due course. The Federation is not in a position to assist financially with the Team's expenses and Athletes are therefore encouraged to seek sponsorship wherever possible.



Team members are requested to email a copy of their ID documents, passports, proof of payment as well as their completed Where-Abouts Form to potch2014@powerliftingsa.co.za. All Team members are required to update their details to the online spreadsheet by [clicking here](#). The deadline date for payment and the required documentation is 14 April 2014. Any other correspondence is to be mailed to potch2014@powerliftingsa.co.za.

The coaches selected are Rodney Anthony, Andre Ludik, Ephraim Khandanise, Mathew Cosmo, Etienne Potgieter, Jacques Knoesen, Ilze-Marie Maritz, Hesterki Range, Anita Barnard.

Congratulations on your achievement and good luck with the Championship!!

Sincerely

ISABELLE KRUGER : 083 292 1604

IAN MOUTON: 084 910 8008

CLIFFORD HAYIM : 082 337 2397